

The Art of Journaling

Connect with the Inner You with Joselyn Smith-Greene

Do your everyday roles and responsibilities consume you? Do you find yourself yearning for something more? Have you forgotten what makes your heart sing? Have you fallen to the bottom of your own "to-do" list?

Find direction and answers with the art of journaling! Discover or re-discover who you are, identify your dreams and aspirations, and gain clarity into what is most important and warrants your full attention. From a blank page to self-discovery, this workshop will offer creative insight into how to connect with your inner self and live a purpose-driven life.

Participants should bring a notebook and pen.



Saturday, November 21

3:00 p.m.

Fresh Meadows

193-20 Horace Harding
Expressway
718-454-7272
Bus: Q17, Q30, Q88

Monday, November 30

6:00 p.m.

Glen Oaks

256-04 Union Turnpike
718-831-8636
Bus: Q46

Saturday, December 12

3:00 p.m.

Bayside

214-20 Northern Boulevard
718-229-1834
Train: LIRR to Bayside
Bus: Q12, Q13, Q31



Admission is free. www.queenslibrary.org

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